Nutricost Creatine Monohydrate Micronized Powder 500G, 5000mg Per Serv (5g) - 100 Servings, 17.9 Oz

[creatine-nutritional-supplements]

Buy your product

About this item

- High Quality Micronized Creatine Monohydrate
- Get The Strength and Endurance You've Been Working For
- 500 Grams of Creatine Monohydrate Per Bottle
- 5 Grams Per Serving (Scoop Included)
- Our Creatine Monohydrate provides you with an ultra premium quality product. Our customers love this pre and post-workout supplement as much as we do.

Product details

- Is Discontinued By Manufacturer : No
- Product Dimensions : 4.75 x 4.75 x 5.25 inches; 1.1 Pounds
- Item model number : NTC-10258
- Date First Available : October 9, 2014
- Manufacturer : Nutricost
- ASIN : B00GL2HMES

Important information

Safety Information

Keep out of reach of children. Do not exceed recommended use. Improper use will not improve results. Side effects may include stomach pain, nausea, diarrhea, bloating, muscle cramping, headaches, elevated liver enzymes, and dehydration if not enough water is consumed. Discontinue use if you experience unwanted side effects. Do not take more than recommended. Do not use if safety seal is broken or missing. Store in a cool, dry place. Contents are sold by weight not volume. Some settling may occur.buy your product

Ingredients

Creatine Monohydrate (micronized)

Directions

During the loading phase day 1 through 5, take 1 scoop four times daily. During the maintenance phase from day 6 forward, take 1 scoop daily. For best results, consume 1 scoop with 8-12 ounces of water or juice. Drink 8-12 glasses of water daily.

Legal Disclaimer

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition